



Redcar & Cleveland Borough Council  
Children and Families  
School Nursing Service  
Saltburn Family Hub  
Marske Mill Lane  
Saltburn TS12 1HJ  
Tel. No. 01642 444011

[schoolnurses@redcar-cleveland.gov.uk](mailto:schoolnurses@redcar-cleveland.gov.uk)  
<http://www.redcar-cleveland.gov.uk>

September 2020

Dear Parent/Carer

Moving from Primary to Secondary school is a key transition point for your child and we would like to take this opportunity to remind you about the School Nursing Team and the help and support we can provide.

The school nursing service supports all schools and families in Redcar and Cleveland Borough Council with the physical and emotional health of children. We are here to help with any worries such as:

- Getting enough sleep
- Eating routines, food and physical activity
- Using the toilet, bed wetting or soiling
- Keeping up to date with immunisations
- Your child's emotional health
- Worries about behaviour
- Medical conditions i.e. asthma

If your child has any health needs or is taking any medication, please inform your child's class teacher.

In line with Department of Health recommendations all children should be registered with a dentist and should attend 6 monthly check-ups. They should also be registered with an optician and attend yearly check-ups.

If you have any queries or would like to discuss your child's health with a member of the team, please do not hesitate to contact us on **01642 444011** or email [schoolnurses@redcar-cleveland.gov.uk](mailto:schoolnurses@redcar-cleveland.gov.uk)

Yours Sincerely

A handwritten signature in black ink, appearing to read 'J. H. H.', on a light background.

**School Nursing Service**