



**Nunthorpe**  
Academy

22 December 2020

**Advice to All Parents – Positive Staff Results Identified**

Dear Parents / Carers

We have been advised by Public Health England that there have been confirmed cases of COVID-19 within the academy.

We know that you may find this concerning but are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice; please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

**We have followed the national guidance and as such, no students are affected by these cases.**

**What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

We have followed the national guidance and in discussion with Public Health England have made the above decision to protect others within the community. Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 10-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online. Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Nunthorpe Academy  
Guisborough Road  
Nunthorpe  
Middlesbrough  
TS7 0LA

Phone: 01642 310561

Web: [www.nunthorpe.co.uk](http://www.nunthorpe.co.uk)

Head of School: Kathryn Kell NPQH  
NMAT Executive Principal: Lee Brown NPQH

Company No. 08188507 VAT Registration 142671814





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### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

### **For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

#### *Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

**Further Information** is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Steve Ward  
Vice Principal

SW/JSO