

Sport @Nunthorpe

"Keep on running, keep on hiding.."



June & July, 2021. Following on from a very tough year, Physical Education at Nunthorpe Academy has had some immense successes and great news to end the academic year on.

Nunthorpe Academy Fitness Suite

Following on from the lockdown period, both Mr Tooth & Miss Murray had many conversations about the impact of COVID19 on the physical, mental and emotional health and wellbeing of both staff and students alike. They began to brainstorm a series of ideas of how they could motivate and enthuse people to share their love of sport and fitness, but in a way which would also help to improve the state of mental health within the academy; across all year groups and with staff.

Having researched into many different projects, as well as financial support programmes which were available, they stumbled across a scheme which was ran by Sport England, known as the 'Opening Schools Facilities' fund. They immediately were interested and applied for funding in order to create a fitness suite within one of the Sport facilities within the main academy. Having gone through all stages of the application process, Sport England were soon in touch and confirmed that the department had indeed been successful; confirming that the project was a go and that they were in full support of the proposed plans!

As a result of the grant received from the fund, alongside some additional support from the academy, the PE department have been able to create a brand new fitness suite in what was the dance studio. Take a look at the difference such equipment has made and be sure to check it out in person very soon!

The fitness suite is available to both staff and students. A timetable has also been created allowing all students from all year groups access, on one given night during the week. In addition to this, the fitness suite use will also be added to the curriculum plan in Physical Education, meaning that all year groups, at some point within the academic year, will have access to it during timetabled lesson periods.



This is such a great opportunity for all staff and students to focus on their fitness, mental health and wellbeing and we can't wait to see as many of you there as possible. Please remember that in order to use all of the equipment, both staff and students will require a gym induction, meaning that they are fully aware as how to use each piece of equipment.

A colourful start to the new, academic year

Following on from the huge success of the previous event which was organised in 2019, the PE department are excited to be hosting yet another positive, fun and exciting 'Colour Run'.

In 2019, the colour run was a huge success with just over 300 students taking part in the fitness event. A series of obstacles were set out on the academy field, ranging from a 'slip n slide' to a tyre trail. Students were set, ready to make their way around the track and through all obstacles; totaling 3K all in all. Students were made to complete these, as the name suggests, whilst being pelted by powder paint in all colours of the rainbow! The enjoyment of students through this event was evident to see, students raising over £400 pounds for the inclusion department within PE.

With such successes of the previous event in mind, we now look forward to the PE department's 'Colour Run' of 2021. As it currently stands, over 280 students are due to attend the event, with the aim to raise as much money as possible for a local charity which focuses on the mental health of people within the local community; Middlesbrough and Stockton Mind. If you still would like to take part, or even donate to this brilliant cause, then speak to your PE teacher. Alternately, you can donate directly to the donations page on the following link, <https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=3638>.

Mr Tooth & Miss Murray
Head of Sport & Head of Girls PE



School's out for Summer!

What a year it has been.

*Well done to all and have a **great** break.*

A year in review...

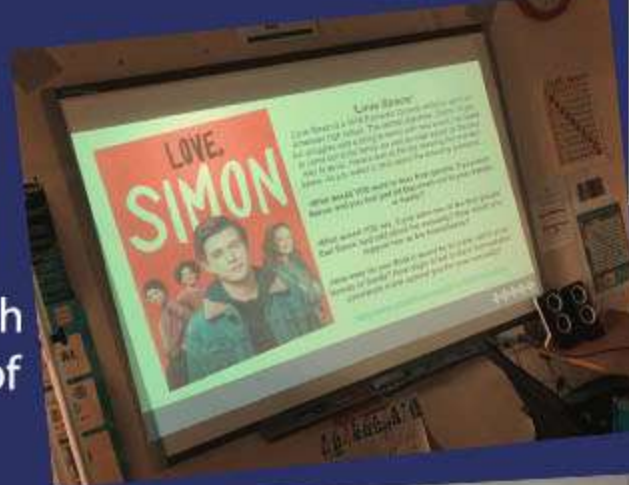
The past year has been one of the strangest on record. Students wearing masks in lessons and bubbled learning in specific year group areas to name but a few changes that have had to be made. Despite this, I am incredibly proud of the way that students have coped with the numerous limitations and changes to their academy experiences and am hopeful that we will return to some sense of normality which will allow our students greater experiences and opportunities, particularly within practical subject areas and within other year groups. Looking ahead to the start of the new term in September, we're also planning on launching a brand-new academy website, so watch this space! During your well deserved time off, please follow us on Facebook and Twitter to ensure that you are kept up to date and know all of our news as it happens. I am looking forward to a positive last week of term with students being rewarded by their end of year exam results in the coming weeks. Take care and stay safe,

Mrs K Kell, **Head of School**



Attendance Rewards, Superstar Students

To round off the academic year on a sweeter note, students who have managed to not receive a single behaviour point from each year group were rewarded with an ice-cream from an ice-cream van which made a special detour to Nunthorpe Academy for the occasion. Staff who saw the van were incredibly jealous of all our wonderful students who were stood around eating their reward on some of the lovely, hot school days in July! In addition to this, two of our brilliant year nine students, Arhum & Billy, were recognised for their outstanding effort and achievement through the enterprise sessions, as ran through the Middlesbrough Football Foundation. Both MFC and 'The Future Me' have been blown away by the work of both lads, it narrowly missing out on being taken to the national finals. A fantastic way to end one of the most surreal of years!



The Duke of Edinburgh's Award

Throughout the year, a number of our students have been giving up their well deserved weekends & holidays, turning themselves over to the wilderness as they each try to complete the varying levels of achievement that come with the 'Duke of Edinburgh's Award'.

Started in 1956, the 'DofE' award as it more commonly known, was created by the late Prince Phillip, who also held the title of Duke of Edinburgh. He created such an award by way of uniting young people through a love of challenge and physical activity. Together, students aged 14-24 'group up' with the aim of completing one of three tiered levels; Bronze, Silver or Gold, each getting progressively more intense the higher the level. Most students within schools, academies and colleges begin their journey together on the 'bronze' level of difficulty, however it is only the most dedicated of pupil(s) who manage to make their way up to 'gold', which results in such participants making their way to London in order to meet a member of the Royal family in order to claim their award.

Nunthorpe's groups of the past year have been stellar in their approach, commitment and excitement in completing the first level of expedition; looking to soon complete additional tiers of the award as they progress through the main academy and onto the next stage of their educational lives. Pictures accompanying this article of @Nunthorpe show the latest recipients of the 'bronze' award; our brilliant year ten (and soon to be year eleven) students, both accepting recognition and completing their expedition together. There's also some candid snaps of our equally as brilliant year nine students on some of their first training sessions, before they take on the real thing. We wish them all the very best of luck on the next stage of this brilliant award scheme, and hope to see even more photos as and when things are completed.

School Diversity Week 2021

Lead teacher for SMSC, FBV & Diversity; Mr Yale, spent a lot of time arranging a specific and wide ranging programme of activities for our students in years seven to thirteen this term.

'School Diversity Week' is an annual weeks' worth of celebration(s) which aim to promote the importance and recognition of diversity within schools, academies and other educational providers up and down the country. Launched by the charity 'Just Like Us', the work that is completed by students is invaluable in allowing them to understand the diverse nature of the people who we meet on a daily business as we all try and learn together. But what did we do as 'Nunthorpe'? Read on to find out a little bit more about what we all got up to.

To start the week off on a high, year twelve students in our sixth form provision were given a presentation with ambassadors from the charity, 'Just Like Us'. Their aim was simple; to help students understand what they can do to be an advocate for peers, friends and family whom might be experiencing a hard time by way of their diverse nature and identity within the world. The discussion was really insightful, allowing students to ask the more 'difficult' questions that they may not always feel comfortable in posing during an everyday session. Such a tutorial, with emphasis on this important area, allowed students to feel safe whilst exploring their own identities and thinking more about others who may be different to themselves. The same experience was also given to our youngest students; year seven, at a latter point in the week, which was again, just as successful, allowing students to think about their words, actions and thoughts on such an important topic in society.

In addition to this, the weekly quiz was personalised to be one which celebrated LGBTQ+, as well as the diverse individuals that we are proud to have in the public eye; actors, television personalities, singers and many more whom have made valued

contributions to our country were celebrated here, many students thinking more about who they are, what they have done and what they represent for people who are the same as them. In addition to this, in place of our weekly literacy and silent reading activities, our fabulous librarian; Mrs Wilkinson, had prepared some one-off, celebratory PowerPoints to highlight to both staff and students the plethora of diverse literature available in our library, and not just those from an LGBTQ+ background. Here, students were educated on authors and their work(s) from other cultures, nationalities and those from neuro diverse backgrounds.

Silence is Golden



Mrs Shaw's year seven class recently took part in a sponsored silence in order to raise funds for the charity, 'Water Aid', whose aim it is to provide fresh and clean water for those whom don't have this fundamental and basic of human rights. Beginning by writing a letter of proposal to Mrs Kell, they were successful in their challenge and raised a fantastic £150.00! As you can probably imagine, not being able to speak for a full day whilst at the academy was hard and so to get around this, students had to use mini white boards to communicate. Such a task was completed by way of the 'Project Based Learning' that some of the year sevens have been completing this past year, where they have been researching into the work and efforts of charities in underprivileged communities. Well done to all involved, you have certainly made a real difference to other people's lives.

To conclude the week, students in our sixth form and staff from the main academy took part in, 'Pride Friday' another national, celebratory event which encourages people to dress up in all colours of the rainbow in order to show solidarity with those who identify as being LGBTQ+ from all over the world. Such an event filled the academy with colour, creating a visually impactful environment which was an utter triumph to end the week on. Upon receiving feedback from both staff and students alike, the week was a resounding success, many wanting the same celebrations repeating next year but on a much larger scale. We hope to be able to grant such requests, COVID restrictions pending, so watch this space and a massive well done to all whom took part.

