

Nunthorpe Academy Relationships and Sexual Education Curriculum 2023/24

INTENT:

To embrace the challenges of creating a happy and successful adult life, students need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Students can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Everyone faces difficult situations in their lives. These subjects can support young people to develop resilience, to know how and when to ask for help, and to know where to access support Children are naturally curious about growing up, how their bodies work and how humans reproduce. Their questions need to be answered honestly, using correct language and explanations appropriate for their age and maturity, thus avoiding unnecessary mystery, confusion, embarrassment and shame. Relationships and Sex Education addresses the questions and concerns raised by the biological facts – for example, exploring the feelings a new baby can bring, or the effect of puberty on friendships. It provides balance to sometimes distorted messages about sex and gender roles in the media, and helps protect children by explaining boundaries and safety, and developing the language and understanding needed to recognise abusive behaviour and seek help. It also helps students to develop respectful and consensual attitudes and behaviours. Relationships and Sex Education provides an understanding that positive, caring environments are essential for the development of a good self-image and that individuals are in charge of and responsible for their own bodies. It ought to provide knowledge about the processes of reproduction and the nature of sexuality and relationships. It should encourage the acquisition of skills and attitudes which allow students to manage their relationships in a responsible and healthy manner. We are aware that for many young people the distinction between the online world and other aspects of life is less marked than for some adults. Young p

IMPLEMENTATION

In this curriculum plan we will set out to ensure we cover the following:

- Relationships and Sex Education. (Respectful relationships, intimate sexual and online relationships)
- The Law. (marriage consent, including the age of consent violence against women and girls online behaviours including image and information sharing (including 'sexting', youth-produced sexual imagery, nudes, etc.) pornography abortion sexuality gender identity substance misuse violence and exploitation by gangs extremism/radicalisation criminal exploitation (for example, through gang involvement or 'county lines' drugs operations) hate crime female genital mutilation (FGM)
- Physical Health and Mental Wellbeing. Mental wellbeing, internet safety, Physical health and fitness, Healthy Living, drugs, alcohol, tobacco, first aid
- Menstruation.



Where possible, all subject specific lessons and pastoral sessions will provide students with the opportunity to openly discuss and experience these aspects in detail on either a local, national or global context. This is only emphasised through our broad and diverse school community of whom understand and respects that such potential contrast in views, make for a more diverse range of opinion. We ensure that through examining these skills through aspects of everyday academy life, both pupils and staff are mindful and respectful when exploring or discussing these topics.

	Year 7		
Subject Area:	Content/Theme:	Mapping:	
Pastoral Curriculum	Safeguarding - Sexual Harassment, Sexual language and Sexual assault Positive relationships E safety Worries dreams and good things Building Resilience Random Acts of Kindness LGBTQ Diversity Respecting Yourself	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation.	
Maths	None	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation.	
English	Short Stories - this module includes a variety of stories linked to different genres. The story, 'The Lottery' is a dystopian opening discussion of different forms of government and the impact on society, thus linking to The Law and Physical and Mental Wellbeing , particularly as it deals with the issue of murder and the involvement of a young child.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation	

	Poetry from other Cultures (Blessing/Island Man/Flag/Hurricane Hits England/At the Border/Limbo) – all poems cover relationships with identity or society. They also all incorporate links with physical and mental wellbeing (eg Limbo – understanding the slave trade). The Bone Sparrow – covers physical and mental wellbeing of refugees from Myanmar. Students also learn about Human Rights and the law revolving around the issue of identity and the relationship the Rohingyans have on a global scale. The Tempest incorporates discussion around the law particularly in relation to race and the history of colonisation. This is enabled through analysis of Shakespeare's characters Caliban and Prospero.	
Science	Menstruation is introduced in Y7 and taught in more detail in Y10, the hormonal control of the menstrual cycle The Physical changes in puberty are taught in Y7 The structure of the male and female reproductive systems are taught in Y7 the science of sexual intercourse is taught in Y7 as is fertilisation and pregnancy contraception including condoms and the contraceptive pill is taught in Y7	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Geography	Fairtrade and impacts on people in less developed countries	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
History	Tudor marriage & family life Tudor vagrancy laws	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Philosophy & Ethics	Religion, Relationships and Families. Relationships Statistics. Additional- mutual respect, inclusivity.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
German	Learning words connected to relationships Learning words connected to a healthy lifestyle	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
	Learning words connected to relationships	Relationships and Sex Education.



French	Learning words connected to a healthy lifestyle	The Law. Physical Health and Mental Wellbeing Menstruation
Drama	Family relationships, friendships, gender stereotypes and building positive relationships. Mental health and what can contribute to this. Opportunities to discuss various cultural values. Looking at effects of historical events on cultures and society.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Art	Reinforce the school's values through images, posters, displays. Promote racial, religious and other forms of equality. Encourage pupils to work cooperatively. Encourage pupils to recognise and respect social differences. Provide opportunities for pupils to explore their own cultural assumptions and values. Present authentic accounts of the attitudes, values and traditions of diverse cultures, addressing racism and promote equality Extend pupils' knowledge and use of cultural imagery.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Music	Performance: Working in ensembles / pairs. LGBQT lesson in identified week. Slavery / migration / development of music styles / impact on society: Africa. Singing / keyboard / drumming: enjoyment of playing. Listening: To Music from various genres, cultures. Impact of Musical Elements on Mood and effect I.e., Tempo, dynamics, Pentatonic Scale, harmony etc. Build confidence, self -esteem of pupils,	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Life	Types of bullying Correct terminology to describe reproductive system What happens to girls and boys' bodies during puberty and why What energy drinks are and the associated risk factors Key terminology in terms of Digital Resilience – grooming, exploitation, trafficking, sexting, catfishing. First Aid Self care Anti social behaviour peer on peer abuse	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Computing	Year 7 discuss the difference between online and real friends. They look at the consequences of behaviour online and the need to think about their digital footprint. We look at the importance of safe online relationships and the dangers of sharing too much information. We look at the impact of negative comments on people's reputation. We look at being safe online and how to seek help if you are having issues. We look at a range of useful websites for this topic.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



Design Technology	In regards to the law and to physical and mental health we talk about health and safety within the workshops. How peers interact within the environment and teach specifically about working with and supporting others practically builds confidence and friendships.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Food Technology	Demonstrate and explain why the body needs food, Explain government guidelines regarding food consumption, eatwell guide and healthy eating guidelines,	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Physical Education	Student work in teams during game situations to form healthy working relationships during each lesson. They are educated on the ability to be respectful and communicate effectively within their group. Students are educated throughout the PE curriculum about the importance of physical activity and the positive impact it can have on a person's mental health and wellbeing. Students are also educated on the need to lead a healthy and active lifestyle that can be sustained throughout their life to ensure a good level of physical fitness. Throughout the curriculum students are taught to follow the rules of each governing body to ensure fair play and sportsmanship. Staff are also working to support students who may be experiencing gender identity concerns, providing students with a safe place to change and the ability to have supportive conversations. Students are supported within Girls Physical Education lessons in regards the menstruation. Staff have positive conversations to ensure a student is supported and educated in regards to the positive impact that exercise can play during each cycle.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



Year 8		
Subject Area:	Content/Theme:	Mapping:
Maths	None	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
English	Short Stories - carrying on from Year 7 Short Stories, students learn about Relationships through various plot lines and characters. Gothic Writing - Offers opportunities to discuss the impact of cultural norms on the individual and how it has inspired writers and can inform our own. For example, discussions around The Law and Relationships regarding patriarchy. Furthermore, the darker topics of death, murder and feelings of anxiety offer the opportunity to discuss The Law and Physical Health and Mental Wellbeing. Animal Farm - pupils explore discussions of the law with an especially focus on different forms of government as presented through Orwell's use of allegory to explore the Russian Revolution and explore Stalin's rule. Physical Health and Mental Wellbing is also touched upon through exploration of the impact of the different forms of government on the characters (Russian people). Macbeth – relationships explored and the links between gender power and lack of agency for women (Lady Macbeth). Mental wellbeing is explored through the progressive deterioration of the minds of key characters. The law is learnt with terms such as regicide.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Science	The impact of drugs including during pregnancy in taught in Y8	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



Geography	Deforestation – actions of governments in Amazon / protected areas Life in an emerging country	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
History	Jack the Ripper – Investigation Women's suffrage movement – changing laws	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Philosophy & Ethics	. Alternative beliefs; Buddhism; Holocaust and Hinduism- relationships and family life. Religious rites of passage.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
German	Learning words connected to relationships Learning words connected to a healthy lifestyle	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
French	Learning words connected to relationships Learning words connected to a healthy lifestyle	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Drama	Family relationships exploring different relationships throughout different eras. Capital punishment and morals. Social media and its effects Discrimination in the 10960's and how we have evolved. War and effects on family and society. Behaviour and positive relationships in school.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Art	Help pupils to develop personal qualities valued in a civilised society (for example: thoughtfulness, honesty, respect). Develop a climate or ethos within which all pupils can grow and flourish, respect others and be respected Accommodate difference and respecting the integrity of individuals.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Music	Performance: Working in ensembles / pairs. Film Music – Leitmotifs, story lines. LGBQT lesson in identified week. Slavery / Segregation / migration / development of music styles / impact on society: Caribbean, Reggae, Jazz, Latin American.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing



	Politics, American history. Singing / keyboard / drumming: enjoyment of playing. Listening: To Music from various genres, cultures. Impact of Musical Elements on Mood and effect I.e., Tempo, dynamics, major / minor Scales, chords, harmony etc. Build confidence, self -esteem of pupils.	Menstruation
Life	The short and long-term effects of smoking, alcohol and drug use on individuals, families and society The law around the use of and distribution of drugs How to deal with someone who has overdosed Human Rights Building Self esteem	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Computing	Year 8 look at Digital Resilience and consider the importance of safe online relationships. We look at potential online threats such as phishing emails and fake websites. We consider the impact of the information held about us. We look at staying safe online, we look at a range of useful websites to help with this.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Design Technology	Year 8 recaps the input from 7 building on this information to further the interactions within the group some of the tasks need students to help each other and we actively encourage students to help each other and to pass on skills they may be good at to others. We continue to enforce Health and safety constantly explaining the legal and moral implications of a workshop accident.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Food Technology	Food labelling - List the information on label by law, giving detailed reasons why the information is listed. Research and describe information found on a food label Explain the traffic light labelling system and its advantages	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Physical Education	Student work in teams during game situations to form healthy working relationships during each lesson. They are educated on the ability to be respectful and communicate effectively within their group. Students are educated throughout the PE curriculum about the importance of physical activity and the positive impact it can have on a person's mental health and wellbeing. Students are also educated on the need to lead a healthy and active lifestyle that can be sustained throughout their life to ensure a good level of physical fitness. Throughout the curriculum students are taught to follow the rules of each governing body to ensure fair play and sportsmanship. Staff are also working to support students who may be experiencing gender identity concerns, providing students with a safe place to change and the ability to have supportive	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



Students are supported within Girls Physical Education lessons in regards the menstruation. Staff have positive conversations to ensure a student is supported and educated in regards to the positive impact that exercise can play during each cycle.

Year 9		
Subject Area:	Content/Theme:	Mapping:
Maths	None	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
English	World War One Poetry – all poems cover relationships and several relate the themes of physical and mental wellbeing. War Writing - Once again, due to the theme of the scheme being focused on War this scheme offers discussion of relationships and Physical Health and Mental Wellbeing. SMSC - based purely on non-fiction writing and different writer's perspectives and viewpoints the scheme offers insight into a variety of society issues and how they have changed over time. For example, one lesson and text deals specifically with the issue of period poverty, thus linking directly to Menstruation. Romeo and Juliet – law and physical wellbeing covered through the transgressions of characters due to civil fighting and killing. Relationships discussed with links to age of consent and marriage expectations. Mental wellbeing key to this play in relation to love and grief. The Great Gatsby - touches on aspects of The Law and Relationships and Wellbeing through its portrayal of key themes such as class and love in the text, offering insights into discriminatory or prejudice behaviour in Western culture based upon class.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Science	Health is defined in Y9 and the lifestyle impacts on health are discussed, including infectious disease, (HIV & STI), Cancer, heart disease, smoking.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



Geography	Levels of development and impacts on health and wellbeing	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
History	WWI: Pressure to join the army WWI: A soldier's experience of trench life. Shellshock (PTSD) Nazi Germany: Pressures on German-Jewish relationships Nazi Germany: Implementation of Nazi laws US Plains Indians: Family life & gender roles	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Philosophy & Ethics	Family. Issues. Crime and Punishment Peace and Conflict Issues Family. Issues. Big Questions. Faith in Action.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
German	Learning words connected to relationships Learning words connected to a healthy lifestyle	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
French	Learning words connected to relationships Learning words connected to a healthy lifestyle	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Drama	Stereotypes and genders. Family and WW1. Blood Brothers: covers some laws in 1960's Blood Brothers: Mental health and depression. Historical events and how these effect society and culture.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Art	Give pupils the opportunity to understand human feelings and emotions, the way they impact on people and how an understanding of them can be helpful	Relationships and Sex Education. The Law.



-	Develop a climate or ethos within which all pupils can grow and flourish, respect others and be respected	Physical Health and Mental Wellbeing Menstruation
Music	Performance: Working in ensembles / pairs. Musicals Music – Leitmotifs, story lines. Pop / Rock / Britpop – influence on society (Raves / Druga Madchester), Computer Music / DAW's impact on Digital Music. LGBQT lesson in identified week. Slavery Segregation / migration / development of music styles / impact on society: Jazz / Fusions, Blues / R n Roll. Drugs culture, Raves, government, politics, American history. Singing / keyboard / drumming: enjoyment of playing. Listening: To Music from various genres, cultures. Impact of Musical Elements on Mood and effect I.e., Tempo, dynamics, Blues Scale, harmony, extended 7ths etc. Build confidence, self -esteem of pupils.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Life	Mental Health issues happiness and positivity Crime and antisocial behaviour Contraception, STI's, Teenage pregnancy, grooming and trafficking Unhealthy relationships including forced marriage and domestic abuse The Law. (marriage, consent, including the age of consent, violence against women and girls, online behaviours including image and information sharing (including 'sexting', youth-produced sexual imagery, nudes, etc.). Abortion, sexuality, violence and exploitation by gangs, extremism/radicalisation, criminal exploitation (for example, through gang involvement or 'county lines' drugs operations) • hate crime • female genital mutilation (FGM)	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Computing	Yr 9 look at grooming and how these relationships develop. They also look at catfishing. Year 9 study what happened to Breck Bednar and the consequences for his attacker. We look a range of online network security threats and punishments for breaking these laws. We also look at regulation of media products and the laws that apply to Computer Science and the consequence of breaking these laws. We look at staying safe online and look at a range of useful websites to help with this.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Design Technology	We are able to monitor quite closely the interactions of the yr9's within a workshop environment and can react to discussions that appear. The health and safety input of staff regarding the law and students moral, and social conscience when discussing subjects such as the environment will give examples related to there life experience.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Food Technology	Explain the 5 main groups of nutrients – protein, fat, carbohydrates including fibre, vitamins A, B C D and minerals – Calcium and Iron, and water include why the body needs them and what foods are they found in.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



Physical Education

Student work in teams during game situations to form healthy working relationships during each lesson. They are educated on the ability to be respectful and communicate effectively within their group.

Students are educated throughout the PE curriculum about the importance of physical activity and the positive impact it can have on a person's mental health and wellbeing. Students are also educated on the need to lead a healthy and active lifestyle that can be sustained throughout their life to ensure a good level of physical fitness.

Throughout the curriculum students are taught to follow the rules of each governing body to ensure fair play and sportsmanship.

Staff are also working to support students who may be experiencing gender identity concerns, providing students with a safe place to change and the ability to have supportive conversations.

Students are supported within Girls Physical Education lessons in regards the menstruation. Staff have positive conversations to ensure a student is supported and educated in regards to the positive impact that exercise can play during each cycle.

Relationships and Sex Education.

The Law.

Physical Health and Mental Wellbeing Menstruation

Year 10		
Subject Area:	Content/Theme:	Mapping:
	Safeguarding - Sexual Harassment, Sexual language and Sexual assault	Relationships and Sex Education.



		The Law.
Curriculum	E safety	Physical Health and Mental Wellbeing
	Worries dreams and good things	Menstruation
	Building Resilience	
	Random Acts of Kindness	
	LGBTQ Diversity	
	Respecting Yourself	
	None	Relationships and Sex Education.
Maths		The Law.
		Physical Health and Mental Wellbeing
		Menstruation
	Conflict Poetry – all poems cover relationships and several relate the themes of physical and mental wellbeing (eg <i>Exposure</i> and life of soldiers in the trenches during WWI).	Relationships and Sex Education.
English	Romeo and Juliet – law and physical wellbeing covered through the transgressions of	The Law.
	characters due to civil fighting and killing. Relationships discussed with links to age of	Physical Health and Mental Wellbeing Menstruation
	consent and marriage expectations. Mental wellbeing key to this play in relation to love and	Meristidation
	grief.	
	A Christmas Carol – law discussed through understanding Poor Law Act of 1834, Thomas Malthus and the workhouse system. Relationships with society a key theme, also linking to	
	the physical and mental wellbeing of both the poor people living in Victorian Britain, but also	
	of the main character Scrooge and his interactions with the spirit.	
	Menstruation is taught in more detail in Y10, the hormonal control of the menstrual cycle	Relationships and Sex Education.
Science	The Physical changes in puberty are taught along with the hormonal control of puberty The structure of the male and female reproductive systems are taught in Y10	The Law.
	the science of sexual intercourse is taught in Y10 as is fertilisation and pregnancy	Physical Health and Mental Wellbeing Menstruation
	contraception including condoms and the contraceptive pill is taught in Y10	Wenstruation
	Protected areas E.G Antarctica / illegal logging in Brazil	Relationships and Sex Education.
Geography	Green space in urban areas / levels of development influencing physical and mental	The Law.
5.7	wellbeing	Physical Health and Mental Wellbeing Menstruation
	Mormons: Polygamy	Relationships and Sex Education.
History	American West: Law & order problems & solutions	The Law.
-	Norman England: Establishment & implementation of Norman laws Medicine through time: Role of government in enacting/ enforcing the law	Physical Health and Mental Wellbeing



W62 -		Menstruation
	Relationships and Families.	Relationships and Sex Education.
Philosophy &	Christian Practices.	The Law.
Ethics	Hindu Beliefs.	Physical Health and Mental Wellbeing
2400	Religion and Life.	Menstruation
	Relationships and Families.	
	Christian beliefs.	
	Relationships and Families.	
	Christian Practices.	
	Hindu Beliefs	
	Religion and Life.	
	Learning words connected to relationships	Relationships and Sex Education.
German	Learning words connected to a healthy lifestyle	The Law.
		Physical Health and Mental Wellbeing
		Menstruation
	Learning words connected to relationships	Relationships and Sex Education.
French	Learning words connected to a healthy lifestyle	The Law.
		Physical Health and Mental Wellbeing
		Menstruation
	Learning words connected to relationships Learning words connected to a healthy lifestyle	Relationships and Sex Education.
Spanish	Learning words connected to a fleating illestyle	The Law.
		Physical Health and Mental Wellbeing Menstruation
		Menstruation
	Throughout year 10 there are various stimuli that can cover a multitude of areas and	Relationships and Sex Education.
Drama	content dependant up on their own research and interpretation. Kitchen sink drama	The Law.
	explores relationships in various ways dependant upon on the student's choice. This	Physical Health and Mental Wellbeing
	also has the ability to cover and explore mental health, dependent upon their choice.	Menstruation
	We explore various scripts that look at family relationships and impact of disaster and loss for families. We explore 'Ruth Ellis' looking at law in 1950's and why she	
	was hanged. Capital punishment and morals.	
	Provide opportunities for pupils to explore their own cultural assumptions and values	Relationships and Sex Education.
Art	Present authentic accounts of the attitudes, values and traditions of diverse cultures,	The Law.
7416	addressing racism and promote equality	Physical Health and Mental Wellbeing
	Extend pupils' knowledge and use of cultural imagery	Menstruation
	Recognise and nurture particular gifts and talents	



Music	Provide opportunities for pupils to participate in literature, drama, music, art and other cultural events Develop partnerships with outside agencies and individuals to extend pupils' cultural awareness (for example: theatre, museums, concert, galleries, foreign exchanges) Edexcel Set works backgrounds / genres, le. Queen background Freddie Mercury. Purcell 'Dido'. Patronage, Fusions of cultures & styles African, Celts, Technology. Ensemble performance. Performance: Enjoyment of playing. Listening: To Music from various genres, cultures. Impact of Musical Elements on Mood and effect I.e., Tempo, dynamics, extended harmony,etc. Build confidence, self -esteem of pupils.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Life	The law on Pornography, protected characteristic's, Drugs, consent alcohol and smoking The effects of pornography on relationships Drug abuse and the effects of smoking and alcohol consumption Internet relationships	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Business	Employment Law, Health and Safety law, National Minimum/Living Wage Recruitment and selection, Motivation & theory Leadership styles, communication, entrepreneurial attributes.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Computing	We look at a topic called Ethical, legal, cultural and environmental impacts of digital technology. This links to the legislation linked to computer science: Computer Misuse Act, Copyrights, Designs and Patents Act, The Data Protection Act and Software licences. This topic encompasses a number of ideas linking ethical and legal issues and privacy.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Design Technology	By yr10 we tend to see a lot of innuendo being used by the boys within the groups as many of the sexual terms/slang/phrases are based in the subjects we teach. So that when staff are using these terms correctly we get the immature giggling. This will prompt staff to stop and to explain to students that these are being used in context and not as part of their phraseology. This usually leads to conversations about appropriate used of language.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Engineering	By yr10 we tend to see a lot of innuendo being used by the boys within the groups as many of the sexual terms/slang/phrases are based in the subjects we teach. So that when staff are using these terms correctly we get the immature giggling. This will prompt staff to stop and to explain to students that these are being used in context and not as part of their phraseology. This usually leads to conversations about appropriate used of language.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
	Explain the functions, main sources, effects of deficiency and excess, and related dietary reference values, as well as the working characteristics, functional and chemical and scientific principles and properties of macro and micro nutrients	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing



Academy		Γ
Food Technology	Consider a range of factors which affect the BMR, and their importance in achieving energy balance Explain how diet deficiencies and excesses can affect health considering a range of dietary diseases in their work Explain a range of factors affecting choice of food, including, lifestyle, culture, moral and ethical issues Explain the current guidelines for a healthy diet Plan and cook a balanced meal for specific dietary groups and lifestages Explain mandatory and non- mandatory information included on food packaging in accordance with current European and Food Standards Agency (FSA) Legislation Demonstrate how to interpret nutritional labelling	Menstruation
Health & Social Care	Assess the suitability of health and social care services for individuals in a given scenario, Make justified and realistic suggestions for how barriers for one service can be overcome Identify/ Outline / Explain how different factors have affected growth and development of a selected individual. Assess the changing impact of different factors in the growth and development across three life stages of a selected individual. Assess how well two individuals adapted to a life event and the role and value of support in this. Make justified and appropriate recommendations for improvements of own application of the care values that incorporate feedback	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Physical Education	Student work in teams during game situations to form healthy working relationships during each lesson. They are educated on the ability to be respectful and communicate effectively within their group. Students are educated throughout the PE curriculum about the importance of physical activity and the positive impact it can have on a person's mental health and wellbeing. Students are also educated on the need to lead a healthy and active lifestyle that can be sustained throughout their life to ensure a good level of physical fitness. At GCSE PE/ VCERT level students will also complete a topic which focuses on sedentary lifestyle and the important role that a healthy and balanced diet can play.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



Academy		
	Throughout the curriculum students are taught to follow the rules of each governing body to ensure fair play and sportsmanship. Staff are also working to support students who may be experiencing gender identity concerns, providing students with a safe place to change and the ability to have supportive conversations.	
	At GCSE PE/ VCERT level Students also complete a unit of work based upon the negative impact of alcohol and drug abuse and the impact that this can have on an athlete and the sport.	
	Students are supported within Girls Physical Education lessons in regards the menstruation. Staff have positive conversations to ensure a student is supported and educated in regards to the positive impact that exercise can play during each cycle.	

Year 11		
Subject Area:	Content/Theme:	Mapping:
Pastoral Curriculum	Safeguarding - Sexual Harassment, Sexual language and Sexual assault Positive relationships E safety Worries dreams and good things Building Resilience Random Acts of Kindness LGBTQ Diversity Respecting Yourself	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Maths	None	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
English	An Inspector Calls – the law in terms of suffrage, capitalist and socialist views and class systems, and theft – plus, Inspector Goole is a policeman making people face their mistakes. Relationships covered through the main characters interactions with a woman	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing



	from a different class. The physical and mental wellbeing of a working class character (Eva Smith) are explored (including suicide and charity) and sex education discussed in terms of pregnancies.	Menstruation
Science	None	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Geography	Access to resources and how it impacts wellbeing The North South divide in the UK and impact on physical and mental health	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
History	WWI: A soldier's experience of trench life. Shellshock (PTSD) US Civil Rights: Importance of changing laws to gain rights Vietnam War: US soldiers' experiences in Vietnam (PTSD)	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Philosophy & Ethics	Hindu Practices. Crime and Punishment. Peace and Conflict. Hindu Practices. Crime and Punishment. Peace and conflict.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
German	Learning words connected to relationships Learning words connected to a healthy lifestyle	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
French	Learning words connected to relationships Learning words connected to a healthy lifestyle	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Spanish	Learning words connected to relationships Learning words connected to a healthy lifestyle	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



Drama	This wholly is decided by the student and their choice of stimuli to take forward. It is usual for relationships and Mental health to feature strongly n their ideas. They explore and research issues themselves. We look at relationships in different eras and how the family structure has changed. Due to the open nature of the course in year 11 students are able to explore their own areas.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Art	Provide opportunities for pupils to explore their own cultural assumptions and values Present authentic accounts of the attitudes, values and traditions of diverse cultures, addressing racism and promote equality Extend pupils' knowledge and use of cultural imagery Recognise and nurture particular gifts and talents Provide opportunities for pupils to participate in literature, drama, music, art and other cultural events Develop partnerships with outside agencies and individuals to extend pupils' cultural awareness (for example: theatre, museums, concert, galleries, foreign exchanges)	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Music	Edexcel Set works backgrounds / genres, le. Queen background Freddie Mercury, Purcell. Dido'. Patronage, Fusions of cultures & styles African, Celts, Technology. Ensemble performance. Performance: Enjoyment of playing. Listening: To Music from various genres, cultures. Impact of Musical Elements on Mood and effect I.e., Tempo, dynamics, extended harmony,etc. Build confidence, self -esteem of pupils.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Life	Personal planning and money management. How debt can impact mental well being if finances are not appropriately managed	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Business	Legal structures, organisational structures and stakeholder engagement external influences Maslow's Hierarchy of Needs, methods of motivation and employee morale Leadership styles, communication, entrepreneurial attributes	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Computing	We look at a topic called Ethical, legal, cultural and environmental impacts of digital technology. This links to the legislation linked to computer science: Computer Misuse Act, Copyrights, Designs and Patents Act, The Data Protection Act and Software licences. This topic encompasses a number of ideas linking ethical and legal issues and privacy.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



Design Technology	We need to repeat what we have said in yr10 in yr 11 as they don't tend to understand it the first time. We still tend to see a lot of innuendo being used by the boys within the groups as many of the sexual terms/slang/phrases are based in the subjects we teach. So that when staff are using these terms correctly we get the immature giggling. This will prompt staff to stop and to explain to students that these are being used in context and not as part of their phraseology. This usually leads to conversations about appropriate used of language. We need to repeat what we have said in yr10 in yr 11 as they don't tend to understand it the	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation Relationships and Sex Education.
Engineering	first time. We still tend to see a lot of innuendo being used by the boys within the groups as many of the sexual terms/slang/phrases are based in the subjects we teach. So that when staff are using these terms correctly we get the immature giggling. This will prompt staff to stop and to explain to students that these are being used in context and not as part of their phraseology. This usually leads to conversations about appropriate used of language.	The Law. Physical Health and Mental Wellbeing Menstruation
Food Technology	Explain the functions, main sources, effects of deficiency and excess, and related dietary reference values, as well as the working characteristics, functional and chemical and scientific principles and properties of macro and micro nutrients Consider a range of factors which affect the BMR, and their importance in achieving energy balance Explain how diet deficiencies and excesses can affect health considering a range of dietary diseases in their work Explain a range of factors affecting choice of food, including, lifestyle, culture, moral and ethical issues Explain the current guidelines for a healthy diet Plan and cook a balanced meal for specific dietary groups and lifestages Explain mandatory and non-mandatory information included on food packaging in accordance with current European and Food Standards Agency (FSA) Legislation Demonstrate how to interpret nutritional labelling	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Health & Social Care	They will demonstrate that they can identify and use effectively an appropriate selection of skills, techniques, concepts, theories and knowledge from across the course Students will explore how physical, lifestyle, social, emotional, cultural, economic and environmental factors can have positive or negative effects on health and wellbeing. They will interpret indicators that can be used to measure physiological health and interpret lifestyle data in relation to risks posed to physical health. Students will be able to physically assess service users' health and wellbeing in order to advise on how to improve health and wellbeing, and be able to interpret data from published guidelines Students will produce their own health and wellbeing improvement plans using knowledge they have gained from Component 3	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



	and explore the features of a health and wellbeing improvement plan, taking into consideration needs, wishes and circumstances. They will also explore the obstacles that individuals can face when implementing these plans and how they can be mitigated	
Physical Education	Student work in teams during game situations to form healthy working relationships during each lesson. They are educated on the ability to be respectful and communicate effectively within their group. Students are educated throughout the PE curriculum about the importance of physical	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
	activity and the positive impact it can have on a person's mental health and wellbeing. Students are also educated on the need to lead a healthy and active lifestyle that can be sustained throughout their life to ensure a good level of physical fitness. At GCSE PE/ VCERT level students will also complete a topic which focuses on sedentary	
	lifestyle and the important role that a healthy and balanced diet can play. Throughout the curriculum students are taught to follow the rules of each governing body to ensure fair play and sportsmanship.	
	Staff are also working to support students who may be experiencing gender identity concerns, providing students with a safe place to change and the ability to have supportive conversations.	
	At GCSE PE/ VCERT level Students also complete a unit of work based upon the negative impact of alcohol and drug abuse and the impact that this can have on an athlete and the sport.	
	Students are supported within Girls Physical Education lessons in regards the menstruation. Staff have positive conversations to ensure a student is supported and educated in regards to the positive impact that exercise can play during each cycle.	



Subject Area:	Content/Theme:	Mapping:
Pastoral Curriculum	Sexual Health and well being talk from Brook Services Middlesground discussion video "Can You Be In Love With Multiple People? Healthy Relationships talk from Brook Services Kooth mental Health talk and follow up mental health tutorial Fire Safety – talk from Cleveland Fire Brigade Social Media Issues tutorials Cyberbullying tutorials 'LGBTQ+ talk from Brook Services	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Maths	None	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
English	A Streetcar Named Desire – law discussed (Napoleonic Law) in regards to men's power over women. Promiscuity and relationships dictate the whole play, as does the physical and mental wellbeing of the main character Blanche Dubois. The Bloody Chamber – the whole collection links to the menstrual cycle and womb and relationships and sex are discussed at length. Physical and mental wellbeing of characters and author are discussed in connection with the second wave of feminism. Hamlet – physical and mental wellbeing of several characters discussed, such as Hamlet, as well as relationships of several characters, and the results of these connections such as suicide.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Science	Y12 Bio - Physical and mental wellbeing, communicable diseases, vaccinations, antibodies and the development of drugs.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Geography	Planning laws, local and national government Migration and impacts on physical health and mental wellbeing	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation



History	USSR + PRC: Communist changes to family structures USSR + PRC: Communist changes to laws	Relationships and Sex Education. The Law.
History	Cook - Fixe. Communist changes to laws	Physical Health and Mental Wellbeing
		Menstruation
	Hindu teachings on life.	Relationships and Sex Education.
Philosophy &	Religious Practices.	The Law.
Ethics	Religious Practices.	Physical Health and Mental Wellbeing
	Hindu teachings on life.	Menstruation
	Religious Practices. Social Influence.	Relationships and Sex Education.
Povobology	Attachment.	The Law.
Psychology	Psychopathology.	Physical Health and Mental Wellbeing
	Research Methods.	Menstruation
	Social Influence.	
	Memory.	
	Attachment.	
	Approaches.	
	Psychopathology	
	LGBTQ and the Law Women's rights	Relationships and Sex Education.
German	esafety	The Law.
		Physical Health and Mental Wellbeing Menstruation
	LGBTQ and the Law	Relationships and Sex Education.
French	Women's rights	The Law.
	esafety	Physical Health and Mental Wellbeing
		Menstruation
	LGBTQ and the Law	Relationships and Sex Education.
Spanish	Women's rights esafety	The Law.
	esalety	Physical Health and Mental Wellbeing Menstruation
		Mensudation
	As this will differ each year depending on the set texts and extracts studied by the	Relationships and Sex Education.
Drama	different cohorts of students, there will be different aspects of the RSE curriculum	The Law.
	that will be looked at by students. In year twelve, students study a range of practitioners which look at different aspects and theme from time and within society.	Physical Health and Mental Wellbeing
	productioners which took at different aspects and theme from time and within society.	Menstruation



	This has varied across the years, but has not been limited to, examining different sexualities, relationships between cultures, mental and physical health, positive and negative relationships within friends and familiar circles and the class divide.	
Art	Provide opportunities for pupils to explore their own cultural assumptions and values Present authentic accounts of the attitudes, values and traditions of diverse cultures, addressing racism and promote equality Extend pupils' knowledge and use of cultural imagery Recognise and nurture particular gifts and talents Provide opportunities for pupils to participate in literature, drama, music, art and other cultural events Develop partnerships with outside agencies and individuals to extend pupils' cultural awareness (for example: theatre, museums, concert, galleries, foreign exchanges)	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Business	Employment law including minimum wage, health and safety in the workplace, trademarks/patents/copyright. Legal structures HR – methods of motivation, motivational theorists – Maslow, Taylor, Herzberg. Autocratic/democratic leadership and the impacts of these on employee well-being, motivation and morale. Leadership styles, entrepreneurial qualities, motivation.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Physical Education	Student work in teams during tasks to form healthy working relationships during each lesson. They are educated on the ability to be respectful and communicate effectively within their group. As part the A Level Curriculum students are educated on the rule of the law, Pre industrial to 21st century Britain and discrimination. Students also complete a unit of work based upon the negative impact of alcohol and drug	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
	abuse and the impact that this can have on an athlete and the sport. Students are educated throughout the PE curriculum about the importance of physical activity and the positive impact it can have on a person's mental health and wellbeing. Students are also educated on the need to lead a healthy and active lifestyle that can be sustained throughout their life to ensure a good level of physical fitness. They will also complete a topic which focuses on sedentary lifestyle and the important role that a healthy and balanced diet can play.	



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Law	As part of the AS Law students look at the changing nature of the law, how law is influenced by morality, how the law is changed by society and vice versa. In regards to SRE we explicitly talk about how marriage has changed in the UK. We look at the Wolfenden Report and the Hart v Devlin debate around public and private morality (Homosexuality). We look at the reforms of the UK definition of 'marriage' and the importance of legal language and how that changes and affects how the law is interpreted and applied (intrinsic and extrinsic aids). We also refer back to this during A2 law.	The Law

Year 13				
Subject Area:	Content/Theme:	Mapping:		
Pastoral Curriculum	Sexual Health and well being talk from Brook Services Middlesground discussion video "Can You Be In Love With Multiple People? Healthy Relationships talk from Brook Services Kooth mental Health talk and follow up mental health tutorial Fire Safety – talk from Cleveland Fire Brigade Social Media Issues tutorials Cyberbullying tutorials 'LGBTQ+ talk from Brook Services	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation		
Maths	None	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation		
English	The Bloody Chamber – the whole collection links to the menstrual cycle and womb and relationships and sex are discussed at length. Physical and mental wellbeing of characters and author are discussed in connection with the second wave of feminism. Hamlet – physical and mental wellbeing of several characters discussed, such as Hamlet, as well as relationships of several characters, and the results of these connections such as suicide.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation		

	Frankenstein – links to menstruation and pregnancy throughout due to creation and birth of the creature. Physical and mental wellbeing of Victor and the creature studied in depth as both progress through the novel. Law is covered when discussing the Anatomy Act of 1832 as well as political discourses surrounding the French Revolution. Relationships and sex are discussed in relation to Victor's relationship with the creature, Elizabeth and the Oedipal complex.	
Science	Y13 Bio - Physical and mental wellbeing Diabetes, kidney failure. Y13 Phy - Physical and mental wellbeing Medical Physics including PET scans, CAT scans.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Geography	Migration / asylum claims. Work of UN and security council, intellectual property rights, international decision making Access to resources e.g water and energy security	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
History	Warfare: Soldiers' personal relationships in the army Warfare: Changes to laws in wartime (e.g. WWI + DORA)	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Philosophy & Ethics	Hinduism: Social and Historical developments. Natural Law Religious Experience. Meta-Ethics.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Psychology	Relationships. Schizophrenia. Aggression. Relationships. Aggression. Schizophrenia.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
German	LGBTQ and the Law Women's rights esafety	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
	LGBTQ and the Law	Relationships and Sex Education.



French	Women's rights esafety	The Law. Physical Health and Mental Wellbeing Menstruation
Spanish	LGBTQ and the Law Women's rights esafety	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Drama	As this will differ each year depending on the set texts and extracts studied by the different cohorts of students, there will be different aspects of the RSE curriculum that will be looked at by students. In year twelve, students study a range of practitioners which look at different aspects and theme from time and within society. This has varied across the years, but has not been limited to, examining different sexualities, relationships between cultures, mental and physical health, positive and negative relationships within friends and familiar circles and the class divide.	
Art	Promote racial, religious and other forms of equality Encourage pupils to work cooperatively Encourage pupils to recognise and respect social differences. Provide positive and effective links with the world of work and the wider community	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Music	None	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Business	Business growth – examples of laws and legislations in other countries. Political and legal change Ethical considerations Leadership styles, entrepreneurial qualities, motivation.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
Physical Education	Student work in teams during game situations to form healthy working relationships during each lesson. They are educated on the ability to be respectful and communicate effectively within their group.	Relationships and Sex Education. The Law. Physical Health and Mental Wellbeing Menstruation
	As part the A Level Curriculum students are educated on the rule of the law, Pre industrial to 21 st century Britain and discrimination. Students also complete a unit of work based upon the negative impact of alcohol and drug abuse and the impact that this can have on an athlete and the sport.	



Students are educated throughout the PE curriculum about the importance of physical activity and the positive impact it can have on a person's mental health and wellbeing. Students are also educated on the need to lead a healthy and active lifestyle that can be sustained throughout their life to ensure a good level of physical fitness. They will also complete a topic which focuses on sedentary lifestyle and the important role that a healthy and balanced diet can play.