

Dear Parents and Carers,

This is an urgent reminder for all parents and carers that our academy is a strictly **nut-free school**. We have several students and staff who suffer from severe nut allergies, and even the smallest trace of nuts can trigger a life-threatening allergic reaction (anaphylactic shock). Unfortunately, some students can become extremely unwell due to exposure to nuts, resulting in the need for emergency medical treatment for those students and time off school while recovering.

To ensure the safety of all our young people, we must ask for your continued support and vigilance in keeping the academy completely free from nuts and any nut-containing products. This includes, but is not limited to:

- Nutella and other chocolate spreads containing hazelnuts
- Kinder Bueno, Ferrero Rocher, Snickers, and similar products
- Trail mixes, cereal bars, or baked goods containing nuts
- Body sprays, cosmetics, or skincare items that contain tree nut oils (such as almond, walnut, or macadamia oil)

Please take a moment to check ingredients carefully when preparing packed lunches or sending in food items. Even trace amounts can pose a serious danger to our students with allergies. Some people can have a reaction if someone breathes on them having eaten nuts.

Please be assured that when we give awards to students, we ensure that these are nut free.

We appreciate your understanding and cooperation in helping us maintain a safe and inclusive environment for everyone. Thank you for your continued support.

Kind regards,



Mrs Chapman-Jones
Deputy Headteacher